Contact: Greta Brown Tel: (203) 368-0773 Cell: (203) 727-7421

E-mail: HYPERLINK "mailto:MasterP@puremartialarts.com"

MasterP@puremartialarts.com



FOR IMMEDIATE RELEASE

PMAFA KARATE TEACHES SAFETYAND PROTECTS KIDS FOR HALLOWEEN

Bring Kids Back Home: Trick or Treat Safety Tips and Anti-Abduction Drills that Parents Love

Safety for children has always been a top priority for parents, even more so during the upcoming Halloween weekend. When a child leaves home for school, recreation, or to trick or treat in the neighborhood on Halloween, the risk of getting bullied, lost, injured, or abducted increases. The only option a parent has is to prepare for the worst and hope for the best. Are your kids empowered with options for an unforeseen break-in at home or being locked out? How about a stranger at the door or a suspicious driver? Here comes a person dressed as Sponge Bob with a trick or treat bag following your child, but could he or she be a foe in disguise, someone that you don't know?

During this holiday season, the opportunity presents for the stalker or bully to prey upon weak and naïve children. PMAFA (Pure Martial Arts Fitness Academy) Karate, a full service martial art school located at the Shoprite Shopping center in Derby, CT, 49 Pershing Dr. and 2338 Main St. in Bridgeport, CT will teach, empower, and prepare children and their parents.

The clinic is free and is offered at 4 p.m. on Monday, Oct. 25, Wednesday, Oct. 27 and Friday, Oct. 29 at the Derby location and Tuesday, Oct. 26 and Thursday, Oct 28 at the Bridgeport location during the week prior to the Trick or Treat weekend, and it will empower children to make the right choices. Now when a child leaves home they can possess the knowledge and options to return home safely. The free sessions will be 60 minutes in duration and will include light exercise, trick or treat safety questions and answers, anti-abduction drills and basic self-defense.

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Please call to register your child. The first 50 registered will receive a free Dunkin Donuts trick or treat bag. Come in a costume and win 1 free month for Best Costume. Contact: Greta Brown or Master D. Purefoy at 203.368.0773 or e-mail greta@puremartialarts.com.